



URGENT

To: Girl's Head Coach

From: Lee Taft, Director @ Lee Taft Speed Academy

WHILE YOU WERE OUT

RE: New Speed Academy Opening for Your Players

Phone Number: (317)670-8259

☒ Urgent ☐ Will Call Again ☐ Returned Call ☐ Please Call

Comments: The LTSA is opening February 20th with the mission of helping young athletes reach new levels of athleticism and reduce potential for injury.

I am offering your athletes a sneak peek into our "Test and Train" week. This special event will be held February 13th-16th. This is an excellent opportunity for athletes to sign up for two specific training sessions. Day #1 they will be tested and Day #2 they see what it takes to properly train for as an athlete. After these two days, athletes will have a chance to sign up for the first LTSA training semester, which runs February 20th-May 12th.

Day #1 tests will assess vertical and broad jump power, 10-yard speed, and lateral change of direction quickness. On day #2, athletes will be taken through a detailed LTSA training session. They will learn how the LTSA system will develop them into great athletes.

This message is URGENT because we are only offering 24 spots for middle school athletes and 24 spots for high school athletes.

To learn more, simply click on this link: www.LeeTaftSpeedAcademy.com